

# EYELASH LIFT

## AFTERCARE

The Lash Lift is a very low maintenance procedure compared to eyelash extensions, however, there is a little extra care required over the first 24-48hrs whilst the lift is still settling into place and a few tips to help you get the longest results.

### Aftercare instructions:

- Be gentle with your lashes; no rubbing.
- Do not get your lashes wet for the first 24 hrs
- Do not use harsh products on your eyes/lashes.
- Use of Sauna/Steam is possible after 24hrs but may weaken the effect of the lift.
- No eye make up for 24 hours.
- Do not use eyelash curlers
- Avoid waterproof mascara's
- Swimming should be avoided for at least 24hrs.
- No other facial beauty treatments for 24hrs.

Remember, the lash lift procedure is similar to a hair perm, and as such the hair must be kept well nourished and treated delicately to avoid breakage/weakening.

### We recommend:

- Using gentle soap free products around the eyes (the simple range is suitable and inexpensive)
- Daily use of a lash nourishing serum/conditioner.
- Pat gently to dry.
- Be aware that swimming can weaken the lift quicker.

We also advise that because your lashes are still malleable (shape shifting), a side sleeper or face sleeper can notice one or both eyes can raise or drop, leaving the lashes misshaped. Sleeping on the back is best. Avoid face washes that are mainly oil as this can also cause lashes to drop prematurely.

If you experience any pain, redness or irritation, contact your technician immediately